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## Agency Delivers Over 2,000 Meals Daily to Seniors, Volunteers Needed

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For the AJC

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When there is a need to deliver 2,500 meals daily to seniors in Metro Atlanta and Macon through Senior Connections' partnership with Meals on Wheels, a call for volunteers is a necessity.

Last Monday, volunteers from CHOICE, or Choosing Habilitation Opportunities in Community Environments, gathered at Decatur First United Methodist Church, loaded their van and delivered meals to seniors living in Decatur. "CHOICE works with adults with developmental disabilities, and through volunteering, we allow them to engage in meaningful community events," said CHOICE Director Felicia Anderson. "Our volunteers are always excited when they come back from delivering meals because they are giving back to the community in any way they can." The volunteer group also serves meals to seniors living in Lithonia on Thursdays.

A need for volunteers for the Senior Connections/Meals on Wheels program is greater than ever. "[Senior Connections] really needs people who can help with routes and meal packaging so we can help our seniors in the community," said Bob Mallin, coordinator of the Meals on Wheels program. "If it weren't for our volunteers and what we do, our senior community would not be able to lead their lives the way they are used to." The Senior Connections kitchen is estimated to produce more than 500,000 meals this year alone

The nonprofit agency operates five senior centers in DeKalb County. Along with the Meals on Wheels program, Senior Connections provides in-home care, home repairs, and provides classes and activities such as foreign languages or social networking.

To volunteer with Senior Connections, please visit [www.seniorconnectionsatl.org](http://www.seniorconnectionsatl.org)

**In Other News:** Working families of Elite At The Mountain, an apartment complex in Stone Mountain, got together and threw a summer block party for unemployed families in their community. Besides hosting a fun-filled event last Saturday, the second annual "My Yard's Back To School Jam" provided local families free school supplies, backpacks, haircuts and personal hygiene products in preparation for the upcoming school year.

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