

*Good Morning! Today is Wednesday, October 5, 2011, 11:30 AM*

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# Senior NEWS

*Newspaper for the 50+ population ~ Serving the State of Georgia*

## ***Senior Connections, ARC Partner to Offer Preventive Health Services and Screenings for Seniors 50+ throughout DeKalb County***

*Thanks to a collaboration between the Atlanta Regional Commission (ARC) and [Senior Connections](#), an array of preventive health services and screenings, including flu and pneumonia vaccinations, will be widely available throughout DeKalb County this fall.*

*The various clinics are sponsored by **SPARC (Sickness Prevention Achieved through Regional Collaboration)**, which brings together the Atlanta Regional Commission Area Agency on Aging, county-based aging programs and other partners throughout the region. The goal is to improve access to preventive services and screenings and so encourage more and more people - particularly older adults - to get their flu shots, pneumonia vaccinations, mammograms and other screenings every year.*

*This fall, there will be four separate SPARC events in DeKalb County where seniors can get preventive health services and screenings, including vaccinations, blood pressure and blood glucose screenings, nutrition screenings and more:*

***1. September 21 - Briarcliff Oaks Senior High Rise***

*2982 Briarcliff Road, Atlanta, GA 30329 10AM-2PM, please be there by 9:30AM;*

***2. September 27 - Senior Connections - North DeKalb Senior Center***

*5238 Peachtree Road, Chamblee, GA 30341, 9AM-1PM, please be there by 8:30AM;*

***3. October 5 - South DeKalb Senior Center***

*1931 Candler Road, Decatur, GA 30032, 10AM-2PM, please be there by 9:30AM;*

***4. October 12 - Lou Walker Senior Center***

*2538 Panola Road, Lithonia, GA 30058, 10AM-2PM, please be there by 9:30AM.*

*SPARC is sponsored by Senior Connections, DeKalb County, DeKalb County Board of Health, ARC, Georgia Cares, Care Improvement Plus, Kaiser Permanente, and Visiting Nurse Health System.*

*Nationally, some 20,000 people die from flu each year - more than from any other vaccine-preventable disease - and another 114,000 are hospitalized. A flu shot takes about 15 seconds and usually costs less than \$25 (persons on Medicare can get a flu shot for free.) Flu and pneumonia shots are particularly important for older adults, individuals with long-term health problems and those with weakened immune systems.*

*SPARC seeks to prevent disease or diagnose it at an early and more treatable stage by offering a bundle of services where people gather - health fairs, senior centers, health departments, voting precincts and more. By making it more convenient, more individuals take advantage of services that save lives. For*

*more information about SPARC in DeKalb County and the preventive services offered at each location, contact Mary Groover at (404) 488-7073 or check [www.agingatlanta.com](http://www.agingatlanta.com).*

*NOTE TO SENIORS: If you are enrolled in a Medicare Advantage Plan please check with your provider about preventive coverage.*

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